

# **My Final Plan**



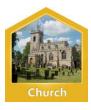
# Name:

This booklet is part of Important Information About Me and was first completed on:

February 2012

Please refer to the notes in Appendix 1 at the back of this document when completing this plan, and also DOH document; Seeking Consent.









(adjust the photos to suit service user beliefs)

### My religion is:

## The name of my faith leader is:



### Telephone:



# My next of kin is:



Telephone:



Address:

**Comments:** 





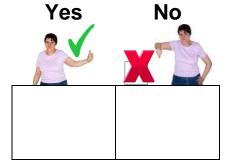
Things to do in the event of imminent or actual death:



Other people involved in bringing this plan together were:

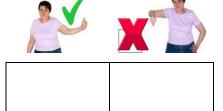


This was a best interest discussion/ decision (see guidelines on back of document)





Where possible I would like to be cared for in my own home if I am very ill



Yes

#### **Comments:**



# **Burial or Cremation**



I have decided that I would prefer to be buried





I have decided that I would prefer to be cremated



Other Please specify:

I would like the service to take place at:







I would like the service to be religious

I would like the service to be non religious

### **Details:**

I would like the following people to take part in my service:



Their contact details are:









My favourite music is: 1.

2.

3.

4.



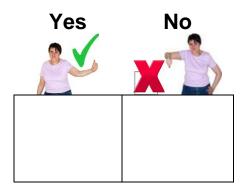
I would like the following read at my service:



I would like these things placed in my coffin with me:



I would like flowers at my funeral





My favourite flowers are:

My favourite colour flower is:





Rather than flowers I would like people to donate money to:

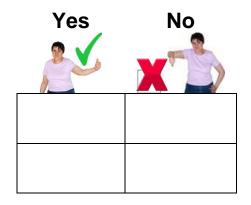
# **Burial**



I have a place in a family burial plot

I have purchased a plot

Details:



# **Cremation**

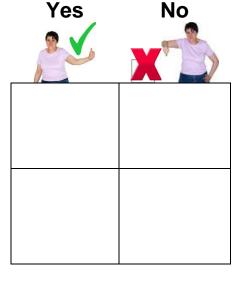




I would like my details in a remembrance book



I would like a plant/tree planted



Details:



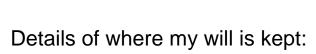
What I would like to happen with my ashes:

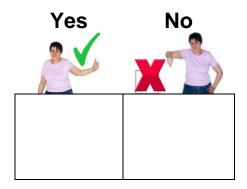
# **About My Will**

(See Appendix 1 Section 4 at the back of this document)



I have made a Will







I have a Funeral Plan / Bond

(See Appendix 1 Section 3 at the back of this document)

Yes	No

Details of my plan		
Name of Plan:		
Policy Number:		
Agency Address:		
Contact Number:		
Location of Plan:		

# **My Wishes About My Things**



I would like my things to go to:

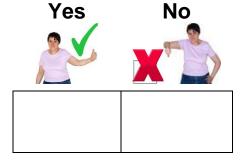




I would like my clothes to go to:



I have registered as an organ donor (See Appendix 1 Section 6 at the back of this document)



My donor card is kept:



Directives on the acceptance or refusal of treatment:

# **Other Thoughts to Consider**



### **Best Interest Discussion**



Following DOH Guidance on consent it has been agreed that this person is unable to confirm their wishes in respect of their death.



To assist [name] with this a meeting has taken place with their representatives (family, staff) to complete this plan on their behalf.

Who was involved in the discussion? (name and relationship)

Plan completed by:

Date initiated:

Review Dates:

(If the person's wishes or feelings change please record and date these below)

	=		
Completed with:			
Print Name:		Signature:	
Designation:		Date:	
		<u> </u>	

#### Notes on the Use of My Final Plan

#### 1. General

Working through this booklet is mostly self explanatory. Work on the book may be completed over a number of weeks or even months. The way in which the work is first broached is very important and needs to be done in a sensitive manner at an appropriate time. Many opportunities present themselves in day to day life which allows a start to be made in a natural way. Sometimes filling out the book will be well understood and informed by the person in others the gathering of information and decision making will be undertaken in the Best Interest of the individual (see Mental Capacity Act 2007.)

#### 2. Funeral Arrangements

This section includes preferences for burial, cremation and the service which the person may wish to have a say in planning.

#### 3. Funeral Plan or Bond

A funeral plan or bond may be purchased from funeral firms or insurance companies and this enables pre payment for people who can afford this and who wish it, together with a measure of protection against inflation. The When I Die book should state when a person has a bond and clearly give the location of the bond.

When taking out a funeral plan or bond it is imperative that it gives the full details of what the plan/bond covers.

Note: Dependant on when the Plan /bond is surrendered some associated costs i.e. GP costs, due to inflation may not be fully covered

#### 4. Wills

People who are competent decision makers may wish to make a will. This should be encouraged and a record of where the document is located made in My Final Plan. People who do not have capacity to make decisions cannot make a will and best interest wills do not appear to be a legal option.

However, based on their depth of knowledge, the key worker and family members may wish to help the person to decide on what happens to his or her personal possessions and clothes when they die. There is a section for this information – however this is not legally binding and could be contested in a court of law.

### 5. Right to Accept or Refuse Treatment

An autonomous adult with capacity to consent has the right to refuse treatment or to make it clear that they wish to receive or not receive treatment in all or any circumstances and to make an advance directive about this. An exception to this is where a person is detained under the Mental Health Act. Judging a person's capacity to make a decision is just that. It is not about whether, in the opinion of others, they are making the "right" decision, but whether they are making an informed decision.

Best interest decisions do not appear to be possible in advance of the onset of a terminal illness. However, treatment decisions for people who lack capacity and who are terminally ill will be taken in their best interest at that time.

### 6. Donation of Organs

An adult with capacity to consent can make an advance directive about this. People with learning disability who have capacity may need support and guidance about this. Where this has been decided the person will need to carry an organ donation card.

There does not appear to be any way in which advance directives for adults who lack capacity can be made about this using the best interest principle.

Organ Donation legislation is currently under review

#### 7. Review

The person's PCP or Care Plan Review may modify decisions in which case it is important to update this document. The dates of changes must be identified in the document and signed by the individual making these changes.