



# FUTURE CARE PLAN



<b>Full name</b> Mr Luke Skywalker
<b>Date of birth</b> 05-Jan-1956
<b>Address</b> 11 Tatoonine, Bristol
<b>Postcode</b>
<b>NHS number</b>

**Printed by:**  
DUNLOP, Merlin (Dr)

**Practice/Trust:**  
Ardens Content

**This plan belongs to**  
**Preferred name:**  
Luke

**Date printed:**  
28-Apr-2023

*Patient phone: 07777777777 / 01865222222 Patient email:*

**To check that this is the most up to date care plan, please review Summary Care Record or Local Shared Care Record**

## 1. Important information about me

**Home access details, risks, pets etc**

Date	Description
30-Jan-2023	Home access information Dog in kitchen
06-Oct-2021	Home access information XXXXXXXXXXXXXXXXXXXXXXXXXXXX

**Living arrangements**  
30-Jan-2023 Lives with companion -

**Communication needs and aids**  
unknown

**Reasonable adjustments**  
No events recorded.

**End of life diagnosis?**  
No events found.

**Palliative phase of illness (last 3m)**  
No events found.

**Australia-modified Karnofsky Performance Status**

Date	Value	Units
06-Oct-2021	50	/100

**CHSA/Rockwood Score**

Date	Description	Value
31-Jan-2023	CSHA (Canadian Study of Health and Aging) Clinical Frailty Scale score	6
05-Oct-2022	Rockwood Clinical Frailty Scale level 3 - managing well	
08-Mar-2022	Rockwood Clinical Frailty Scale level 4 - vulnerable fzvzdv	

**Allergies**

Date	Description	Associated Text
14-Sep-2018	Allergy to peanuts	

**Power of attorney and related codes**

Date	Description
30-Jan-2023	Has appointed person with personal welfare lasting power of attorney (Mental Capacity Act 2005) Add name & number:

**Where stored etc**

30-Jan-2023 **Power of attorney held** - Location of POA: fridge

**2. My expectations for my care and what matters to me**

**Hopes, fears, values, wishes and preferences including views of significant others and spiritual beliefs (last 6m).**

30-Jan-2023 **Personal care plan completed** -

26-Apr-2022 **Has ADRT (advance decision to refuse treatment) (Mental Capacity Act 2005)** -

**Summary of main issues (if not covered above or below):**

test

### 3. Resuscitation status and awareness of discussions

## Latest resuscitation status:

03-Feb-2023 Not for attempted cardiopulmonary resuscitation -

Names and roles of those involved in, or made aware of, CPR discussions 03-Feb-2023 Discussion about cardiopulmonary resuscitation with family member - jhgdfjghwhjfg

### 4. Treatment Escalation Plans (TEPs)

#### Treatment Escalation Plans

Date	Description
30-Jan-2023	Treatment escalation plan Problem: bhbvhdh TEP level: fergger Management Plan: wrertre
30-Jan-2023	Treatment escalation plan Problem: fwwfe TEP level: qwf ef Management Plan: 2er3r324rt2v
30-Aug-2022	Treatment escalation plan Problem: Chest inf TEP level: Keep at home Management Plan: Oral abx only + palliation
24-May-2022	Treatment escalation plan Problem: stroke TEP level: admit Management Plan: Would like full active treatment
24-May-2022	Treatment escalation plan Problem: chest infection TEP level: keep at home Management Plan: nil specific
26-Apr-2022	Treatment escalation plan Problem: chest infection TEP level: keep comfortable at home Management Plan:
08-Oct-2021	Treatment escalation plan Problem: Dementia TEP level: Management Plan:

### 5. Emergency Contacts (& availability to support in a crisis)

#### Emergency Contacts (Role, Name, Telephone, Other Details)

Date	Description
26-Apr-2022	Emergency contact details Sally, sister 01865 666777

#### Patient Contacts (from EMIS Contacts Module)

No patient contacts recorded.

## 6. Next of Kin / Carer / Responsible Adult

### Next of kin

Date	Description
24-Jun-2022	Patient's next of kin Sally Test

### Patient Carers (from EMIS Carers Module)

No patient carers recorded.

## 7. Significant Medical History

### Problems

#### Active

Date	Problem	Associated Text	Date Ended
24-Feb-2023	Referral for further care		
13-Feb-2023	Endogenous depression		
09-Feb-2023	Asthma	(Replaced Mild asthma)	
21-Dec-2022	Chronic ischaemic heart disease		
14-Sep-2022	Chronic kidney disease stage 3		
22-Jul-2022	Polymyalgia		
29-Jun-2022	Chronic myeloproliferative disorder (clinical)		
06-Apr-2022	Do not attempt CPR (DNACPR) form in place		
08-Mar-2022	Mild frailty		
01-Mar-2022	Vascular dementia		
10-Feb-2022	Schizophrenia		
27-Jan-2022	Extrinsic asthma without status asthmaticus		
05-Jan-2022	Gender reassignment patient		
08-Oct-2021	Wishes to be donor	FPT - Wishes to be tissue donor	
13-Jul-2021	Heart failure		
07-Jun-2021	Rheumatoid arthritis		
07-Jun-2021	Peripheral arterial occlusive disease		
07-Jun-2021	Cerebrovascular accident		
07-Jun-2021	Depressive disorder		
07-Jun-2021	Epilepsy		

07-Jun-2021	Hypothyroidism
02-Jun-2021	Atrial fibrillation
31-Mar-2021	Chronic obstructive lung disease
24-Jul-2020	No longer housebound
04-Jun-2020	Essential hypertension
17-May-2019	Asthma
17-Apr-2019	Housebound
14-Sep-2018	Allergy to peanuts
16-Aug-2017	Primary adrenocortical insufficiency
24-Apr-2017	Type 2 diabetes mellitus
24-Jan-2015	Ventricular septal defect

**Significant Past**

<b>Date</b>	<b>Problem</b>	<b>Associated Text</b>	<b>Date Ended</b>
06-Jan-2023	Lives in a nursing home	(Replaced Living in residential institution)	31-Mar-2023
28-Nov-2022	Collection of blood specimen for laboratory		21-Feb-2023
08-Sep-2022	Gastroenteritis		07-Dec-2022
24-Aug-2022	Gastroenteritis		05-Sep-2022
17-May-2022	Gastroenteritis		05-Sep-2022
19-Oct-2021	Fracture of radius		11-Jan-2022
28-Jun-2018	Victim of domestic violence		07-May-2021

**8. Observations to be Considered During Assessment of Patient**

**Pacemaker and status of internal cardiac defibrillator:**

30-Jan-2023 **Cardiac pacemaker in situ** - [please document discussion and consent]

**Guidance on blood glucose control?**

No events found.

**Latest HbA1c:** 06-Mar-2023 **Haemoglobin A1c level - International Federation of Clinical Chemistry and Laboratory Medicine standardised** : 11 mmol/mol

**Is patient at risk of CO<sub>2</sub> retention (normal target O<sub>2</sub> sats range)?**

21-Apr-2022 **Chronic type 2 respiratory failure** - ergtegew

**Does patient have home O<sub>2</sub> (if so why and what flow rate is suggested)?**

30-Jan-2023 **Home oxygen supply** -

**Heart rate and rhythm:**

05-Apr-2022 **Examination of cardiovascular system** - fqfe

**Any longstanding abnormal signs/examination findings?**26-Apr-2022 **Examination/signs NOS** - profoundly deaf**Patient's latest recorded observations**

Blood Pressure	14-Nov-2022 <b>O/E - blood pressure reading</b> : 132/80 mmHg				
Pulse (bpm)	25-Apr-2022 <b>Pulse rate</b> : 124 beats/min	Peak Flow	No events found.		
Respiratory Rate (bpm)	No events found.		SpO2 on air (%)	19-Jan-2022 <b>Peripheral oxygen saturation</b> : 99 %	
Weight (Kg)	14-Mar-2023 <b>Body weight</b> : 72.122 kg	Height (cm)	14-Mar-2023 <b>Standing height</b> : 160.02 cm	BMI	14-Mar-2023 <b>Body mass index</b> : 28.17 kg/m2

**9. Considerations for End of Life (if relevant)****Anticipatory drugs supplied?**

No events found.

**Preferred place of death?**30-Jan-2023 **Preferred place of death: community hospital** -**Predicted Prognosis:**

No events found.

**Patient &/or family's awareness of prognosis:**

No events found.

**Documented agreement (by GP, senior Dr or MDT) for verification of expected death by competent clinician**

No events found.

**10. Considerations for Care after Death (if relevant)****Wishes and Requirements following death:**08-Oct-2021 **Discussion about preferences** -**Referral to coroner required? (enter details here if relevant)**11-Jan-2023 **Special patient note** - Patients condition deteriorated and now needs support SW involved**Tissue / organ donation preferences:**08-Oct-2021 **Wishes to be donor** - FPT - Wishes to be tissue donor**Is there a DOLS in place?****11. Other Clinicians/Teams Involved in Patient's Care****Known to Social Services?**

No events found.

**Specialist Teams Involved in Patient's Care:****Other teams involved**

Date	Description
23-May-2022	Under care of mental health team

13-May-2021 Under care of neurologist	
<b>Named GP:</b> 30-Mar-2022 Informing patient of named accountable general practitioner -	<b>Care coordinator if not GP (add contact details):</b>
<b>Details of other relevant planning documents &amp; where to find them</b>	

<b>12. Frailty Assessment</b>	
electronic Frailty Index eFI	05-Dec-2022 <b>Frailty Index score</b> : 0.694
Clinical Frailty scale (Rockwood Score)	31-Jan-2023 <b>CSHA (Canadian Study of Health and Aging) Clinical Frailty Scale score</b> : 6
Overall Assessment of Frailty	05-Oct-2022 <b>Mild frailty</b> :
Recent Frailty review notes	No events found.

<b>13. Current Medication</b>
<b>For patient's most up to date medication and wishes please review Summary Care Record or Local Shared Care Record</b>

**Please keep this Care Plan safe and easily accessible in your home.  
Take it with you to hospital appointments & if admitted to hospital.**

**If you wish to update any information, please discuss with your GP, Specialist or Community Team**

**You should receive a plastic wallet to hold this Care Plan and a Squirrel "I have a Plan" Fridge Magnet to alert emergency clinicians that you have a Future Care Plan in place.**

***Please consider putting a message under the magnet, on your fridge, to let ambulance crew, emergency Drs and nurses know where your Future Care Plan is kept.***