

FUTURE CARE PLAN

NAME _____





Printed by Dr K Davies

Practice/Trust Elephant Tree Practice

Full name Mr Charles Bucket

Date of birth 22/05/1962

Address 3 Factory Gates, T'town. Chocoramshire.

This plan belongs to

Preferred name Mike

Date printed 7/11/2022

Postcode EN2 3BG

NHS number 5646 322 2263

Contact details: 07584 598888 cbucket@tcf.org.uk**To check that this is the most up to date care plan, please review CHIE or the Summary Care Record.****1. Important information about me****Home access details, risks, pets etc** 09/07/22, Enter property by side door. Wheelchair kept in coalhouse.

Spare key with neighbour Augustus at no. 5

09/07/2022, Lives with family. 09/07/2022, House

Communication needs and aids English, 01/09/2020, Bilateral hearing aids

Reasonable adjustments (only shows if any code recorded)

Recorded Learning Disabilities (only shows if any code recorded)

EoL Diagnosis 23/05/2021, Type 2 diabetes, end stage, Dr Davies (only shows if any code recorded)**Phase of illness** 16/10/2022, Unstable (if no code shows "No information recorded")

Karnofsky Performance Index 16/10/2022, 50% (only shows if any code recorded)

Clinical Frailty Scale (only shows if any code recorded)

Allergies & Sensitivities No information recorded**Power of attorney and related codes** No information recorded**Where stored etc** No information recorded**2. My expectations for my care and what matters to me****Hopes, fears, values, wishes and preferences including views of significant others and spiritual beliefs.**

18/09/2022, Mike does not wish to return to the hospital for management of his diabetes. He is keen to spend his remaining days in the chocolate factory. Care is being provided by family members and various Oompa Loompas.

3. Resuscitation status and awareness of discussions**DNACPR**

Not for attempted cardiopulmonary resuscitation

18/09/2022

In the event of cardiac or respiratory arrest no attempt at CPR will be made.

All other appropriate treatment and care will be provided.

Date of latest CPR decision 12/07/2022**Person recording CPR decision** Dr Davies**Names and roles of those involved in, or made aware of, CPR discussions.** Record relevant details of discussions.

Discussion about DNACPR clinical decision, 12/07/2022, Undertaken with patient Mike, his wife Violet and son William. All agreed to DNACPR decision.

4. Treatment Escalation Plans (TEPs)

18/09/2022, Problem: Hyperglycaemia. Treatment Escalation Level: Home. Management Plan: If BM 15-25, increase OD insulin (glargine) in 4unit steps per day guided by the community diabetes CNS (Marjorie 07764 776453).

Problem: Chest Infections, Treatment Escalation Level: Home, Management Plan: Tends to suffer from recurrent viral infections. Rescue Co-amoxiclav 1 Tab TDS for use if pyrexia not controlled by NSAID or paracetamol or troubling sputum. Keep comfortable if not responding. EoL SC meds in place.
 10/10/2022, Problem: Fall & possible fracture, Treatment Escalation Level: Hospital, Management Plan: Would like fracture stabilised for pain control if indicated. Not agreeable to intensive treatment if procedure goes south.

5. Emergency Contacts (& availability to support in a crisis)

Role, Name, Telephone, Other details, 20/4/2021, friend, Mr W Wonka, 1 Factory Gates, 09647 645334 has access to equipment, transport (GGE) and care provision.

Legal proxy/parent Nil recorded

6. Next of Kin / Carer / Responsible Adult

Violet Bucket, wife, 3 Factory Gates, T'town. Chocoramshire.
 <Carer type code> if absent print "No carer types recorded"

7. Significant Medical History

Problems / diagnoses (last 20yrs):

| Start Date | Problem |
|--------------|---|
| 01 Mar 2013 | End stage chronic obstructive airways disease (135836000) |
| 23 Feb 2018 | Brittle Type 2 diabetes (445353002) |
| 04 Sept 2019 | Persistent Atrial fibrillation (440059007) |
| 16 Jan 2020 | Stage 3 Chronic Renal Failure (R345.) |
| 12 Mar 2021 | Amputated at ankle (299654007) |

8. Observations to be Considered During Assessment of Patient

Usually presents as No code recorded.

Pacemaker and status of internal cardiac defibrillator: No code recorded

Guidance on blood glucose control? No code recorded.

Is patient at risk of CO₂ retention (normal target O₂ sats range)? 14/03/2020, smoker. 29/13/2010, COPD

Does patient have home O₂ (if so why and what flow rate is suggested)? No code recorded

Heart rate and rhythm: 27 Sept 2020 Known AF rate generally 70bpm on bisoprolol. Has episodes of fast AF which settle with rest

Any longstanding abnormal signs/examination findings? Has a glass eye 25/5/17

Patient's usual observations range (Most recent values)

| | | | | |
|-----------------------------------|---------------|--|---------------|---------------------|
| Blood Pressure 14/06/2022 | Systolic, 135 | | Diastolic, 76 | |
| Pulse (bpm) 14/06/2022 | 74 | Peak Flow | | |
| Respiratory Rate (bpm) 14/06/2022 | 9 | SpO ₂ on air (%) 14/06/2022 | | 91 |
| Weight (Kg) 155 | 14/06/2022 | Height (cm) 187 | 12/06/2017 | BMI 44.3 14/06/2022 |

9. Considerations for End of Life *(Section shows only if codes recorded in patient record)*

Anticipatory drugs supplied? 04/11/2021, Midazolam (for PRN use only in view of renal function), alfentanil (for CSCI use in view of eGFR of 11), oxycodone (for PRN use again due to renal function), levomepromazine and hyoscine butylbromide.

Preferred place of death? 26/07/2021, Preferred place of death: home (XaJ3g)

Predicted Prognosis: 23 Dec 2021, GSF prognostic indicator stage A (blue) – year plus prognosis

Patient &/or family's awareness of prognosis: No coded record of whether family, patient and carers are aware of the prognosis. Please document in the Future Planning template.

GP, Senior Doctor or MDT confirm imminent expected death (Allows a competent clinician to diagnose {verify} an expected death): No information recorded

10. Considerations for Care after Death

Wishes and Requirements following death: 14 Sept 2021, Would like a woodland burial. Discussed with family who were supportive of this idea. No religious affiliation but strong spiritual faith.

Referral to coroner required? (enter details here if relevant) No information recorded

Tissue / organ donation preferences: 05 May 2017, Wishes to be donor, Wishes to donate anything that can be useful whether for research or to benefit living patients.

Is there a DOLS in place? No code recorded.

11. Other Clinicians/Teams Involved in Patient's Care

Known to Social Services? No information recorded

Specialist Teams Involved in Patient's Care: Community Diabetes Team

Named GP:

Dr P Wilderbeast

Elephant Tree Practice, 02394 567733

Care coordinator if not GP (add contact details):

Details of other relevant planning documents & where to find them No code recorded

12. Frailty Assessment *(Section shows only if codes recorded in patient record)*

electronic Frailty Index eFI

Clinical Frailty scale (Rockwood Score)

6, moderately frail, 14/09/2021

Overall Assessment of Frailty

Moderate, 14/09/2021

Recent Frailty review notes

18/10/2022, Discussed in MDT – EoL Authorisation PRN chart supplied. Son William gaining support from AgeConcern café. Mike enjoying regular visits from grandchildren on their way back from school.

13. Current medication 07/11/2022

For patient's most up to date medication and wishes please review CHIE or Summary Care Record

Allergies

Latex allergy (Xa7IR), Latex allergy (Xa7IR)

Reaction type: Allergy, Severity of allergy: Moderate, Certainty of allergy: Likely.

AMOXICILLIN (all components considered allergens - Amoxicillin 250mg capsules), AMOXICILLIN (all components considered allergens - Amoxicillin 250mg capsules)

Amoxicillin 250mg capsules

Allergy description: Adverse reaction to amoxicillin

Reaction type: Allergy, Certainty of allergy: Likely, Severity of allergy: Severe.

**Please keep this Care Plan safe and easily accessible in your home.
Take it with you to hospital appointments & if admitted to hospital.**

If you wish to update any information, please discuss with your GP, Specialist or Community Team

You should receive a Colour Front Sheet for this Care Plan and a Squirrel "I have a Plan" Fridge Magnet to alert emergency clinicians that you have a Future Care Plan in place.

If you have other magnets, you may decide to keep your Future Care Plan on the fridge!

Or perhaps more practically . . .

. . . please consider putting a note under the fridge magnet, letting ambulance crew, emergency Drs and nurses know where your Future Care Plan is kept.